

# Future Institute of Ayurvedic Medical Sciences & Hospital, Faridpur, Bareilly (U.P.) - 243503

Batch –2025-26

BAMS – 1st Professional

Date – 7 April 2026

## Time Table

Time/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09:00–10:00 AM	Sanskrit & Ayurved ka Itihas (LH) Mr. Ajay Kumar	Sanskrit & Ayurved ka Itihas (LH) Mr. Ajay Kumar	Sanskrit & Ayurved ka Itihas (LH) Mr. Ajay Kumar	Sanskrit & Ayurved ka Itihas (NLH) Mr. Ajay Kumar	Sanskrit & Ayurved ka Itihas (NLH) Mr. Ajay Kumar	Mentor – Mentee / Library/Teacher's Interaction
10:00 –11:00 AM	Rachana Sharir (LH) Dr. Vindhya Chandran	Rachana Sharir (NLH) Dr. Kuldeep Singh	Rachana Sharir (LH) Dr. Vindhya Chandran	Rachana Sharir (LH) Dr. Kuldeep	Rachana Sharir (NLH) Dr. Vindhya Chandran	Rachana Sharir (LH) Dr. Kuldeep Singh
11:00–12:00 AM	Kriya Sharir (LH) Dr. Monika	Kriya Sharir (LH) Dr. Mayank Chauhan	Kriya Sharir (LH) Dr. Mayank Chauhan	Kriya Sharir (NLH) Dr. Monika	Kriya Sharir (LH) Dr. Mayank Chauhan	Kriya Sharir (NLH) Dr. Mayank Chauhan
12:00–1:00 PM	Samhita Adhyayan -1 (LH) Dr. Vishwanath	Samhita Adhyayan -1 (LH) Dr. Anurag Sharma	Samhita Adhyayan -1 (LH) Dr. Aditya	Samhita Adhyayan -1 (NLH) Dr. Anurag Sharma	Samhita Adhyayan -1 (NLH) Dr. Aditya	Samhita Adhyayan -1 (NLH) Dr. Vishwanath
1:00 –01:30 PM	<b>Lunch Break</b>					
1:30–03:30 PM	Rachana Sharir (Practical) Dr. Vindhya Chandran / <i>Dr. Kuldeep</i>	Kriya Sharir (Practical) Dr. Mayank Chauhan	Rachana Sharir (Practical) Dr. Kuldeep Singh	Rachana Sharir (Practical) Dr. Kuldeep Singh	Kriya Sharir (Practical) Dr. Mayank Chauhan	Kriya Sharir (Practical) Dr. Monika /Dr. Mayank Chauhan
03:30–04:30 PM	Padarth Vigyan (LH) Dr. Anurag	Padarth Vigyan (LH) Dr. Aditya	Padarth Vigyan (NLH) Dr. Anurag	Padarth Vigyan (NLH) Dr. Aditya	Samhita Adhyayan -1 (NLH) Dr. Anurag Sharma	Sanskrit & Ayurved ka Itihas (NLH) Mr. Ajay Kumar

**Note:** LH and NLH may be adjusted by concerned faculty.

However, the overall ratio must comply with the NCISM norms at the completion of each syllabus point.

Principal

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**Dr. Bal Krishan Singh**  
MD (Ay.)  
Principal  
FIAMS, Bareilly

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# Future Institute of Ayurvedic Medical Sciences & Hospital

Future University, Bareilly

## TIME TABLE

Batch 2023-24 Second Year

Effective from May 1<sup>st</sup> 2026

Time / Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 – 10:00 AM	SW LH Dr. Krishna <i>Asst. Professor</i>	SW NH Dr. Krishna <i>Asst. Professor</i>	SW LH Dr. Shubhangi <i>Assoc. Professor</i>	SW LH Dr. Shubhangi <i>Assoc. Professor</i>	SW NHP Mrs. Shasi <i>Yoga Instructor</i>	SW NH Dr. Shubhangi <i>Assoc. Professor</i>
10:00 – 11:00 AM	SA2 LH Dr. Aditya <i>Asst. Professor</i>	SA2 LH Dr. Anurag <i>Asst. Professor</i>	SA2 NH Dr. Vishwanath <i>Assoc. Professor</i>	SA2 NH Dr. Anurag <i>Asst. Professor</i>	RN LH Dr. Rishanki <i>Asst. Professor</i>	RN NH Dr. Rishanki <i>Asst. Professor</i>
11:00 – 12:00 PM	RN LH Dr. Subhranga <i>Assoc. Professor</i>	RN LH Dr. Rishanki <i>Asst. Professor</i>	RB LH Dr. Ashfak <i>Asst. Professor</i>	RB LH Dr. Ashfak <i>Asst. Professor</i>	RB LH Dr. Kiran <i>Assoc. Professor</i>	RB NH Dr. Ashfak <i>Asst. Professor</i>
12:00 – 1:00 PM	AT LH Dr. Vishvendra <i>Asst. Professor</i>	AT LH Dr. Vishvendra <i>Asst. Professor</i>	AT LH Dr. Vishvendra <i>Asst. Professor</i>	DG LH Dr. Depika <i>Assoc. Professor</i>	DG NH Dr. Himani <i>Asst. Professor</i>	DG LH Dr. Himani <i>Asst. Professor</i>
1:00 – 1:30 PM	LUNCH BREAK					
	PRACTICALS					
1:30 – 2:30 PM	RN NLP Dr. Rishanki <i>Asst. Professor</i>	RB NLP Dr. Kiran <i>Assoc. Professor</i>	RB NLP Dr. Ashfak <i>Asst. Professor</i>	RN NLP Dr. Subhranga <i>Assoc. Professor</i>	DG NLP Dr. Depika <i>Assoc. Professor</i>	DG NLP Dr. Himani <i>Asst. Professor</i>
2:30 – 3:30 PM	RN NLP Dr. Rishanki <i>Asst. Professor</i>	RB NLP Dr. Kiran <i>Assoc. Professor</i>	RB NLP Dr. Ashfak <i>Asst. Professor</i>	RN NLP Dr. Subhranga <i>Assoc. Professor</i>	SW NLP Dr. Akriti <i>Asst. Professor</i>	DG NH Dr. Himani <i>Asst. Professor</i>
3:30 – 4:30 PM	Sports <i>Physical Activity</i>	Library / Self Learning	DG NH Dr. Depika <i>Assoc. Professor</i>	AT NH Dr. Pradeep <i>Professor</i>	AT LH Dr. Pradeep <i>Professor</i>	Preceptorship / Remedial Teaching

Principal


Dr Bal Krishan Singh  
M.D (Ayu.)  
Principal (F.I.A.M.S )  
Future University, Bareilly

Class Coordinator

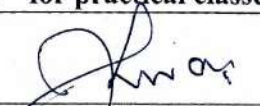
Academic Coordinator

Weekly class hours

Subject Name		Faculty Name	Lecture	Non Lecture	Practicals	OP Days	Total
DG	Dravyaguna Vigyan	Dr. Depika Dinesh Joshi <i>Assoc. Professor</i>	1	1	1		7
		Dr. Himani Arya <i>Asst. Professor</i>	1	2	1		
RB	Rasashastra evam Bhaishajya Kalpana	Dr. Kiran Suresh Edayath <i>Assoc. Professor</i>	1	0	2		8
		Dr. Mohd. Ashfak <i>Asst. Professor</i>	2	1	2		
RN	Roga Nidan evam Vikriti Vigyan	Dr. Subhanga Sudarshana <i>Assoc. Professor</i>	1	0	2		8
		Dr. Rishanki Gupta <i>Asst. Professor</i>	2	1	2		
AT	Agad Tantra evam Vidhi Vaidyaka	Prof. Dr. Pradeep Kumar Singh <i>Professor</i>	1	1	0	MO, TU, WE	5
		Dr. Vishwendra Singh <i>Asst. Professor</i>	1	1	1	TH, FR, SA	
SA 2	Samhita Adhyayan - 2	Dr. Vishawanath Bhagwan Kakde <i>Assoc. Professor</i>	1	0	0		4
		Dr. Anurag Sharma <i>Asst. Professor</i>	1	1	0		
		Dr. Aditya Marathe <i>Asst. Professor</i>	0	1	0		
SW	Swasthavritta evam Yoga	Dr. Shubhangi Kshirsagar <i>Assoc. Professor</i>	2	1	0	MO, TU,	7
		Dr. Krishna Sarkar <i>Asst. Professor</i>	1	1	0	WE, TH, FR	
		Dr. Akriti Sharma <i>Asst. Professor</i>	0	0	1	SA	
		Mrs. Shasi Gangwar <i>Yoga Instructor</i>	0	0	1		
Groups are made between RN / RB & DG / SW for practical classes			Group A Roll no:1 -30 Group B Roll No: 31 - 59				

  
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Class Coordinator

  
Academic Coordinator



FUTURE INSTITUTE OF AYURVEDIC MEDICAL SCIENCES						
FARIDPUR, BAREILLY						
ACADEMIC YEAR 2026-27		3rd PROF.		BATCH 2021		W.E.F DATE - 01-05-2026
TIME TABLE						
TIME	MONDAY	TUESDAY	WENESDAY	THURESDAY	FRIDAY	SATURDAY
9 to 11	PRACTICAL HOURS					
11 to 12	KAYACHIKITSA LH DR.NIDHI YADAV	KAYACHIKITSA LH DR.H.S.MEMEKARI	KAYACHIKITSA LH DR.NIDHI YADAV	KAYACHIKITSA NLH T/P-EMERGENCY DR.SHASHANK KUMAR	KAYACHIKITSA NLH T DR.H.S.MEMEKARI	KAYACHIKITSA LH DR.SHASHANK KUMAR
12 :00 to 1:00	SHALYATNTRA LH DR.DEEPAK K. SINGH	SHALYATNTRA LH DR.ZISHAN AHAMAD	SHALYATNTRA LH DR.D.K.DWIVEDI	PANCHAKARMA LH DR.ANKIT GUPTA	PANCHAKARMA LH DR.AVESH KUMAR	PANCHAKARMA LH DR.SARAVJEET SINGH
1:00 to 1:30	LUNCH					
1.30 to 2.30	RMMS NLH-T MS.KIRTI GUPTA	SHALAKYA TNTRA LH DR.ANIKET WALIMBE	SHALYATNTRA NLH-T DR.DEEPAK K. SINGH	PTSR LH DR.HARSHALI KATE	PTSR LH DR.ANSHITA GUPTA	PTSR LH DR.PALLAVI P.WAMAN
2.30 to 3.30 kb	KAUMARBHRITYA LH DR.ROHIT YADAV	KAUMARBHRITYA LH DR.SUMAN BISNOI	KAUMARBHRITYA LH DR.BEENITA SHRIVASTAV	Samhita Adhyayan-3 LH DR.VISHWANATH B.KAKD	Samhita Adhyayan-3 NLH-T DR.ADITYA MARATHE	Samhita Adhyayan-3 NLH-T DR.ANURAG SHARMA
3.30 to 4.30	SHALAKYA TNTRA LH DR.PRAHLAD SIROJIYA	PANCHAKARMA NLH-T DR.MANISH UPADHYA	SHALAKYA TNTRA LH DR.AMRUTA VITTAHAL	SHALAKYA TNTRA NLH-T DR.PRAHLAD SIROJIYA	PTSR NLHT NLH-T DR.HARSHALI KATE	KAUMARBHRITYA NLH-T DR.ROHIT YADAV

  
**Prof. B. K. Singh**  
 Principal  
 Dr Bal Krishan Singh  
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 Future University, Bareilly

  
 Dr. Balade

FUTURE INSTITUTE OF AYURVEDIC MEDICAL SCIENCES						
FARIDPUR, BAREILLY						
ACADEMIC YEAR 2026-27		3rd BATCH 2021		W.E.F DATE - 01-05-2026		
PRACTICAL TIME TABLE						
DATE	KAYACHIKITSA	PANCHAKARMA	KAUMARBHRITYA	SHALYATNTRA	SHALAKYA TNTRA	PRASOOTI TANTRA
01-07-MAY	A	B	X	C	D	X
07-15 MAY		X	B		X	D
15-22 MAY	B	A	X	D	C	X
22-31 MAY		X	A		X	C
01-07-JUNE	C	D	X	A	B	X
07-15 JUNE		X	D		X	B
15-22 JUNE	D	C	X	B	A	X
22-30 JUNE		X	C		X	A

Batch A - 1 To 5	Batch B - 6 To 10	Batch C - 11 To 15	Batch D - 16 To 21
First Attempt	First Attempt	First Attempt	First Attempt
Batch A - 1 To 4	Batch B - 5To 8	Batch C -9 To 12	Batch A - 13 To 16
Second Attempt	Second Attempt	Second Attempt	Second Attempt

**Prof. B. K. Singh**

**Principal**

Dr Bal Krishan Singh

M.D (Ayu.)

Principal (F.I.A.M.S)

Future University, Bareilly

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BAMS-2021 BATCH (3RD PROF.)-2nd Attempt	
ROLL.No.	STUDENTS NAME
1	AVIRAL KUMAR
2	AMBIKA MONDAL
3	ESHA
4	FARMISH JAHAN
5	GOUSIYA NOORI
6	HARSH KUMAR
7	KHUSHI GUPTA
8	MANISHA MEENA
9	MRIDUL DWIVEDI
10	MOHD TALAHA RAZA
11	MOHD ROHEED
12	MUHAMMAD FAHAD AKHTAR
13	NITIN MISHRA
14	SNEHA RASTOGI
15	SANDEEP YADAV
16	SANJANA CHAUHAN
17	SANJAY PATEL
18	SUBI
19	SHOEB
20	URVASHI
21	VIKASH KUMAR PANDEY

BAMS-2021 BATCH (3RD PROF.)-2nd Attempt	
ROLL.No.	STUDENTS NAME
1	ABHIJEET AWASTHI
2	ARMUGON KHAN
3	JAHANGIR ALAM
4	ANESH PRATAP
5	ASIM ALI
6	AYUSH MALL
7	KAVYA DAKSH
8	MOHD SHAQIB
9	MOHD AKHLAQ
10	UMRA AZIZ ANSARI
11	MOHAMMAD ARIF
12	RAKSHITA
13	RAFIA
14	MOHD.ALEEM
15	VIVEK KUMAR SHAKYA

Batch A 1 To 5
Batch B 6 To 10
Batch C 11 To 15

Batch A 1 To 4
Batch B 5 To 8
Batch C 9 To 12
Batch D 13 To 16

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